

**PUBLIC TRANSPORT (services and journey times)**

**29 (Lothian Buses)**

- Silverknowes (1h10min)
- Edinburgh City Centre (45min)
- Newington (35min)
- Cameron Toll (30min)
- Gilmerton (20min)
- Tesco Hardengreen (10min)

**NEWTONGRANGE**

- Gorebridge Birkenside (10min)

**339 (Borders Buses)**

- Tesco Hardengreen (15-20min)
- Bonnyrigg Toll (10min)
- NEWTONGRANGE**
- Gorebridge Gore Ave (10min)
- Gorebridge Greenhall Rd (10-20min)

**48 (Lothian Buses)**

- Fort Kinnaird (50min)
- Craigmillar/Niddrie (45min)
- Royal Infirmary (40min)
- Danderhall (35min)
- Sheriffhall P&R (35min)
- Dalkeith town centre (25min)
- Mayfield (15min)

**NEWTONGRANGE**

- Gorebridge Birkenside (15min)

**X95 (Borders Buses)**

- Edinburgh Bus Station (40min)
- Commonwealth Pool (25min)
- Danderhall (20min)
- Eskbank Toll (10min)
- NEWTONGRANGE**
- Middleton (10min)
- Stow (30min)
- Galashiels (50min)
- Hawick (1h30min)

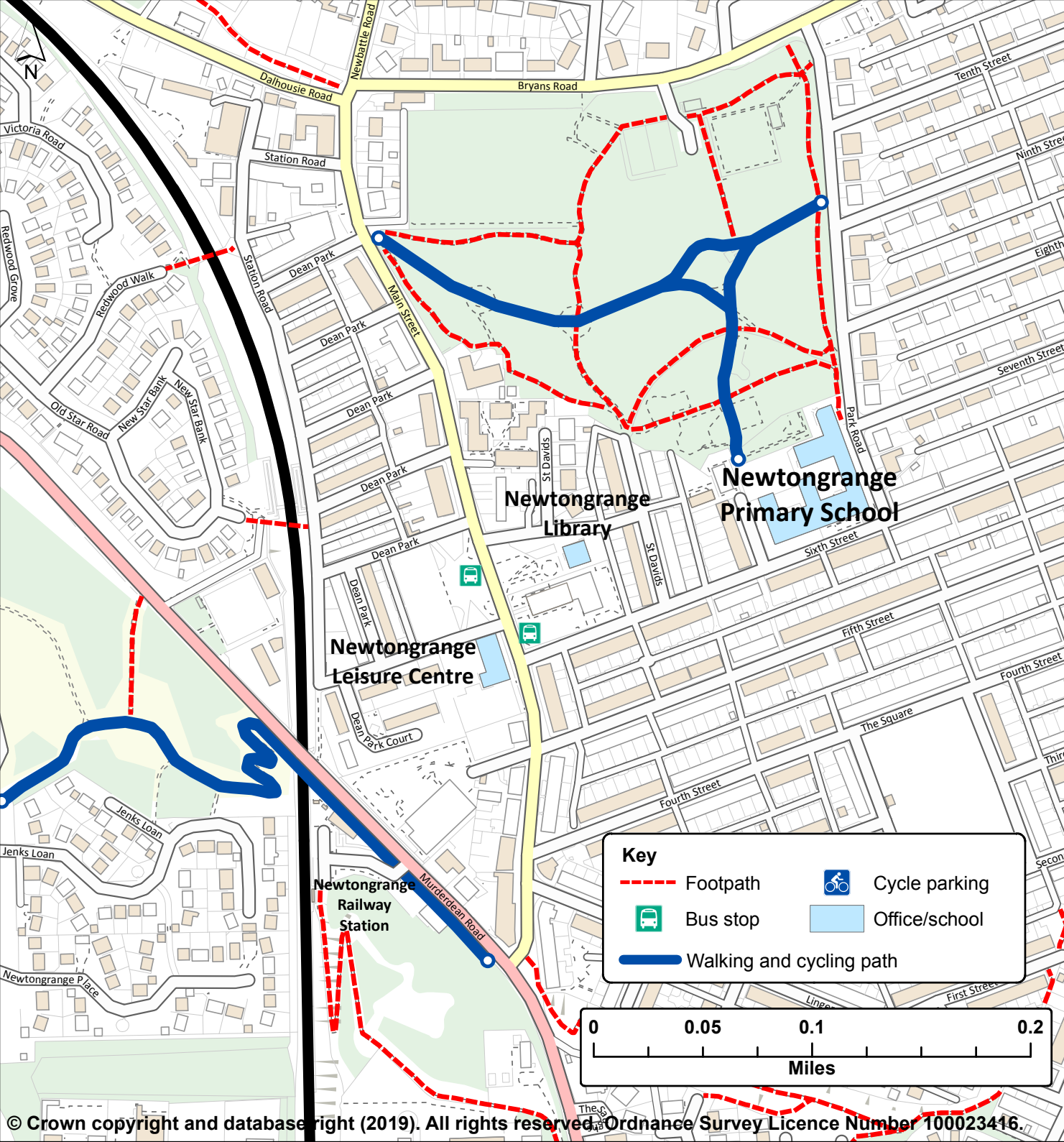
The above services call at both bus stops shown on the map.

**WALKING AND CYCLING**

Walking or cycling to work, school or local facilities are great ways to include physical activity in your daily routine. These are cheap and enjoyable ways of travelling over short distances. They can provide an effective alternative to other less sustainable modes of transport, helping you become more active and lead a healthier lifestyle.

**Cycling times to/from Newtongrange offices**

- |                    |                           |
|--------------------|---------------------------|
| Dalkeith (20min)   | Edinburgh South (30min)   |
| Gorebridge (10min) | Edinburgh SW (50min)      |
| Bonnyrigg (15min)  | Edinburgh East (1h)       |
| Mayfield (10min)   | Edinburgh North (1h15min) |
| Rosewell (25min)   | Edinburgh West (1h25min)  |



**Key**

- Footpath
- Bus stop
- Walking and cycling path
- Cycle parking
- Office/school

