



**PUBLIC TRANSPORT (services and journey times)**

**49 (Lothian Buses)**

- Fort Kinnaird (1h15min)
- Restalrig (1h5min)
- Leith (40min)
- Edinburgh Centre (30m)
- Newington (20min)
- Cameron Toll (15min)
- Royal Infirmary (5min)

**DANDERHALL**

- Sheriffhall (2min)
- Dalkeith (10min)
- Tesco Hardengreen (15min)
- Polton (30min)
- Rosewell (35min)

**51/52 (Borders Buses)**

- Edinburgh Bus Station (30min)
- Edinburgh Centre (25min)
- Newington (20min)
- Commonwealth Pool (15min)
- Cameron Toll (10min)
- Royal Infirmary (5min)
- Dalkeith (10min)
- Edgehead (15min)
- Pathhead (20min)
- Lauder (50min)
- St. Boswells (1h20min)
- Kelso (1h30min) OR
- Jedburgh (1h40min)

**48 (Lothian Buses)**

- Fort Kinnaird (15min)
- Craigmillar/Niddrie (10min)
- Royal Infirmary (5min)
- DANDERHALL**
- Sheriffhall P&R (2min)
- Dalkeith town centre (10min)
- Gorebridge Birkenhead (40min)

**X95 (Borders Buses)**

- Edinburgh Bus Station (25min)
- Commonwealth Pool (10min)
- DANDERHALL**
- Eskbank Toll (10min)
- Middleton (20min)
- Stow (40min)
- Galashiels (1h5min)
- Hawick (1h45min)

**111 (Prentice)**

- Haddington (1h15min)
- Longniddry (1h)
- Port Seton (50min)
- Prestonpans (40min)
- Wallyford (35min)
- Whitecraig (30min)
- Musselburgh (15min)
- Millerhill (5min)
- DANDERHALL**
- Royal Infirmary (5min)

Bus stop A services: 48, 49, 51/52  
 Bus stop B and C Services: 111

**WALKING AND CYCLING**

Walking or cycling to work, school or local facilities are great ways to include physical activity in your daily routine. These are cheap and enjoyable ways of travelling over short distances. They can provide an effective alternative to other less sustainable modes of transport, helping you become more active and lead a healthier lifestyle.

**Cycling times to/from Danderhall offices**

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|---------------------|-------------------------|
| Dalkeith (20min)    | Edinburgh South (20min) |
| Loanhead (20min)    | Edinburgh SW (40min)    |
| Musselburgh (25min) | Edinburgh East (25min)  |
| Bonnyrigg (25min)   | Edinburgh North (55min) |
| Roslin (25min)      | Edinburgh West (1h)     |