Key Cycle parking ---- Footpath Office/school Bus stop Walking and cycling path Bilston Primary School 0.1 0.2 0.05 Miles © Crown copyright and database right (2019). All rights reserved. Ordnance Survey Licence Number 100023416.

Sustainable travel information - BILSTON

PUBLIC TRANSPORT (services and journey times)

37 (Lothian Buses)

Silverknowes (1h10min) Western General (55min) **Newington (30min)** Cameron Toll (25min) Liberton (20min) **Burdiehouse (15min)** Straiton (10 min) Loanhead Park Ave. (5min)

□ BILSTON

Easter Bush Campus (5min) Gowkley Moss (10min) -**Bush terminus** Penicuik Centre (15min) Penicuik Deanburn (25min) -**Deanburn Terminus**

67 (Lothian Buses)

Hanover Street (Edinburgh City Centre) (35min) **Newington (30min)** Liberton (20min) **Burdiehouse (10min)** Straiton (5min)

BILSTON

Easter Bush Campus (5min) **Pentlands Science Park** (10min)

140 (East Coast Buses)

Musselburgh Tesco (50min) Whitecraig (35min) Edinburgh City Centre (40min) Dalkeith Thornybank (30min) Dalkeith (25min) Lasswade (10min) **Loanhead George Avenue** (5min) **□** BILSTON Beeslack High School (15min) Penicuik Centre (20min)

X62 (Borders Buses) Edinburgh City Centre (40min)

Newington Salisbury Place (20min) BILSTON Penicuik (10min) Leadburn (20min) Peebles (40min) Innerleithen (1hr) Galashiels (1hr25min) Tweedbank (1hr45min)

Melrose (2hrs)

WALKING AND CYCLING

Walking or cycling to work, school or local facilities are great ways to include physical activity in your daily routine. These are cheap and enjoyable ways of travelling over short distances. They can provide an effective alternative to other less sustainable modes of transport, helping you become more active and lead a healthier lifestyle.

Cycling times to/from Bilston

Dalkeith (50m) Shawfair (30min) Penicuik (15min) Loanhead (10min) Musselburgh (1h)

Edinburgh South (25min) Edinburgh SW (40min) Edinburgh East (1h) Edinburgh North (1h20min) Edinburgh West (1h10min)