

# **Sustainable travel information - LOANHEAD**

**PUBLIC TRANSPORT (services and journey times)** 

### 37 (Lothian Buses)

Silverknowes (1h10min)
Western General (55min)
Edinburgh Centre (35min)
Newington (25min)
Cameron Toll (20min)
Liberton (15min)
Burdiehouse (10min)
LOANHEAD
Bush (15min)
OR
Penicuik Deanburn (30min)

# 140 (East Coast Buses)

Musselburgh Tesco (50min)
Whitecraig (35min)
Dalkeith Thornybank (30min)
Dalkeith (25min)
Bonnyrigg (15min)
Lasswade (10min)
LOANHEAD
Roslin (10min)
Beeslack High School (15min)
Penicuik town centre (20min)

Bus stop A services: 37, 140
Bus stop B services: 37

#### WALKING AND CYCLING

Walking or cycling to work, school or local facilities are great ways to include physical activity in your daily routine. These are cheap and enjoyable ways of travelling over short distances. They can provide an effective alternative to other less sustainable modes of transport, helping you become more active and lead a healthier lifestyle.

#### Cycling times to/from Loanhead

Roslin (10min)
Bonnyrigg (25min)
Shawfair (25min)
Dalkeith (35min)
Penicuik (25-40min)

Edinburgh South (15min)
Edinburgh SW (30min)
Edinburgh East (50min)
Edinburgh North (50min)
Edinburgh West (1h)