Dishes and their allergen content: Week 2

Dishes						Lupin Flour	Milk		MUSTARD			HAM		Geor WNE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Baked Beans														
Baked Potato														
Banana Slices														
Boiled White Rice														
Brakes Pear Halves in Juice														
Bubble Salmon					YES									
Carrot & Lentil Soup														
Carrot & Swede Baton Mix														
Cheese Best of Both Sandwich		YES (WHEAT)					YES						YES	
Chicken Best of Both Sandwich		YES (WHEAT)											YES	
Chicken in Gravy														
Cosmo Wholemeal Pizza		YES (WHEAT)					YES							

Egg Mayo Best of Both Sandwich	YES (WHEAT)	YES		YES	YES		YES	
Macaroni Cheese	YES (WHEAT)			YES	YES			
Mashed Potatoes				YES				
Mixed Salad								
Muller Healthy Balance Yoghurt				YES				
Muller Milk				YES				
Peas								
Potato Wedges (George Anderson)								
Quorn Dippers	YES (WHEAT)							
Roast Potatoes								
Shortbread	YES (WHEAT)							
Strawberry Jelly with Berries								
Sweet & Sour Chicken	YES (BARLEY)						YES	
Sweetcorn								
Tiffin	YES (WHEAT)			YES			MAY CONTAIN	
Tuna Mayo Best of Both Sandwich	YES (WHEAT)	YES	YES	YES	YES		YES	

Vegetable Curry	MAY CONTAIN GLUTEN (WHEAT)						
Vegetable Medley							
Water							

Review date: April 2024

Reviewed by: Midlothian Council



You can find this template, including more information at www.food.gov.uk/allergy-guidance