

2024-25 - Secondary Additional Allergen Information Report

Date: 26/07/2024

Midlothian

Title	Ingredients	Simple Allergens
All Day Breakfast Tub	Sysco Classic Reduced Salt & Sugar Baked Beans in Tomato Sauce Haricot Beans (53%), Tomatoes (33%), Water, Sugar, Modified Maize Starch, Glucose-Fructose Syrup, Salt, Onion Powder, Flavouring, Paprika Powder. Tomatoes, cherry, raw Sysco Classic Free Range Folded Plain Omelettes Free Rang Egg (62%), Milk , Rapeseed Oil, Salt, Stabiliser(Xanthan Gum), White Pepper. Red Tractor Chicken Sausage, 56g (Crown Foods) Chicken 65%, Chicken Skin, Water, Pea Flour, Potato Starch, Salt, Rice Flour, Yeast Extract, Stabiliser E451, Sugar, Spices, Onion Powder, Antioxidant E301, Spice Extract, Herb Extract, Filled into a Beef Collagen Casing	Allergens: Eggs, Milk.
Baguette	La Boulangerie 10" Part Baked White Sandwich Baguettes ; Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Yeast, Salt, Flour Treatment Agent (Ascorbic Acid).	Allergens: Gluten, Wheat. May Contain: Barley, Sesame Seeds.
BBQ Chicken Fillet Burger Roll	Green Gourmet British Red Tractor Raw BBQ Chicken Breast Fillet Portion 85g Chicken Breast (84%), (Chicken Breast, Water, Salt, Potato Starch, Stabiliser (Triphosphates)), BBQ Glaze (5%) (Sugar, Maize Starch, Salt, Tomato Powder, Yeast Extract, Onion Powder, Garlic Powder, Paprika, Smoke Flavourings, Malt Extract (BARLEY), Thickener (Xanthan Gum), Parsley) La Boulangerie Sliced Oval Buns Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Maize (4%), Palm Oil, Salt, Soya Flour, Yeast, Emulsifiers (Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium Propionate), Flour Treatment Agents (Ascorbic Acid, L-Cysteine Hydrochloride). Tomatoes, cherry, raw Lettuce, average, raw Onions, raw	Allergens: Barley, Gluten, Soya, Wheat. May Contain: Eggs, Milk, Oats, Rye, Sesame Seeds.
Brakes Cooked Sliced British Chicken (filling only)	Sliced British Chicken Chicken (80%), Water, Dextrose, Potato Starch, Salt, Stabilisers(Diphosphates, Triphosphates).	
Brakes Mild Coloured Cheddar Cheese Slices (filling only)	Brakes Mild Coloured Cheddar Cheese Slices Cheddar Cheese(Milk), ;Colour(Beta-carotene).	Allergens: Milk.
Brakes Sunflower Light Spread	Sunflower Light Spread Water, Vegetable oils (Rapeseed Oil, Palm Oil, Sunflower Oil), Salt, Emulsifiers (Mono- and Di-Glycerides of Fatty Acids, Polyglycerol Polycricinoleate), Preservatives (Potassium Sorbate), Flavouring, Vitamin A, Colour(Beta-Carotene), Vitamin D.	

Title	Ingredients	Simple Allergens
Cajun Chicken Noodle Pot	Rapeseed Oil Rapeseed Oil, Anti-foaming Agent(Dimethylpolysiloxane). Sliced Onions Onion Brakes Garlic Purée Water, Garlic Powder (22%), Acidity Regulator (Citric Acid). Sysco Classic Cajun Seasoning Salt,Chilli (21%),Black Pepper (5%),Garlic (5%),Thyme (5%),Oregano (5%),Rosemary (5%),Onion,Paprika,Paprika Extract,Silicon Dioxide,Sage,Pimento. Brakes Sliced Mixed Peppers Green Pepper (33%), Red Pepper (33%), Yellow Pepper (33%). Chicken Chicken Breast (90%), Water, Salt, Potato Starch, Stabiliser (Triphosphates). Sysco Classic Tomato Paste Tomatoes. Sysco Classic Cornflour Maize Starch. Brakes Medium Egg Noodles Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Egg (5%), Salt, Colour (Carotenes), Firming Agents (Potassium Carbonate, Sodium Carbonate), Acidity Regulator (Citric Acid).	Allergens: Eggs, Gluten, Wheat.
Cheese & Crackers	Brakes Savoury Crackers Minipack Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Palm Oil, Salt, Raising Agent (Sodium Hydrogen Carbonate), Yeast. Laughing Cow Fortified Square Portions rehydrated skimmed MILK, CHEESES, BUTTER , emulsifying salts: E341, E452, E451, E330, MILK proteins, vitamin D.	Allergens: Gluten, Milk, Wheat.
Cheese & Egg Muffin	Brakes Mild Coloured Cheddar Cheese Slices Cheddar Cheese(Milk), ;Colour(Beta-carotene). Sysco Classic Free Range Mini Round Omelettes Free Range ; Egg (62%), Milk ,Rapeseed Oil,Salt,Stabiliser(Xanthan Gum),White Pepper. La Boulangerie English Muffins Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Semolina (Wheat), Salt, Soya Flour, Yeast, Sugar, ;Palm Oil, Spirit Vinegar, Emulsifier (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium Propionate), Flour Treatment Agent (Ascorbic Acid).	Allergens: Eggs, Gluten, Milk, Soya, Wheat. May Contain: Sesame Seeds.
Cheese Muffin	Brakes Mild Coloured Cheddar Cheese Slices Cheddar Cheese(Milk), ;Colour(Beta-carotene). La Boulangerie English Muffins Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Semolina (Wheat), Salt, Soya Flour, Yeast, Sugar, ;Palm Oil, Spirit Vinegar, Emulsifier (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium Propionate), Flour Treatment Agent (Ascorbic Acid).	Allergens: Gluten, Milk, Soya, Wheat. May Contain: Sesame Seeds.
Chicken Sausage & Egg Roll	Red Tractor Chicken Sausage, 56g (Crown Foods) Chicken 65%, Chicken Skin, Water, Pea Flour, Potato Starch, Salt, Rice Flour, Yeast Extract, Stabiliser E451, Sugar, Spices, Onion Powder, Antioxidant E301, Spice Extract, Herb Extract, Filled into a Beef Collagen Casing La Boulangerie Sliced Oval Buns Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Maize (4%), Palm Oil, Salt, Soya Flour, Yeast, Emulsifiers (Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium Propionate), Flour Treatment Agents (Ascorbic Acid, L-Cysteine Hydrochloride). Sysco Classic Free Range Mini Round Omelettes Free Range ; Egg (62%), Milk ,Rapeseed Oil,Salt,Stabiliser(Xanthan Gum),White Pepper.	Allergens: Eggs, Gluten, Milk, Soya, Wheat. May Contain: Barley, Oats, Rye, Sesame Seeds.
Chicken Sausage & Turkey Bacon Roll	Red Tractor Chicken Sausage, 56g (Crown Foods) Chicken 65%, Chicken Skin, Water, Pea Flour, Potato Starch, Salt, Rice Flour, Yeast Extract, Stabiliser E451, Sugar, Spices, Onion Powder, Antioxidant E301, Spice Extract, Herb Extract, Filled into a Beef Collagen Casing La Boulangerie Sliced Oval Buns Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Maize (4%), Palm Oil, Salt, Soya Flour, Yeast, Emulsifiers (Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium Propionate), Flour Treatment Agents (Ascorbic Acid, L-Cysteine Hydrochloride). Halal Cooked Turkey Bacon Rashers Turkey meat 95%, salt, starch (potato), stabiliser E451, dextrose, preservative E250, antioxidants (E301, rosemary extract), spices (pepper, garlic), smoke.	Allergens: Gluten, Soya, Wheat. May Contain: Barley, Celery, Eggs, Milk, Mustard, Oats, Rye, Sesame Seeds.

Title	Ingredients	Simple Allergens
Chicken Tikka Strips (filling only)	Brakes Cooked Chicken Tikka Breast Strips Chicken Breast (96%), Whey Powder (Milk), Tomato Paste, Salt, Potato Starch, Sugar, Ginger, Garlic, Rice Bran Oil, Cornflour, Yogurt Powder (Milk), Coriander Powder, Colours(Paprika Extract, Carotenes), Coriander Leaf, Cumin Powder, Lime Juice Powder(Lime Juice, Maltodextrin, Antioxidants(Ascorbic Acid)), Ginger Powder, Cinnamon Powder, Black Pepper, Mace, Chilli Powder, Star Anise, Turmeric Powder, Basil Leaf.	Allergens: Milk.
Chocolate Cookie	Middleton Chocolate Cookie Mix (Scotland Only) WHEAT Flour (WHEAT , Calcium, Iron, Niacin, Thiamin), Sugar, Vegetable Oil Blend (Palm & Rapeseed Oil), Reduced Fat Cocoa Powder (3.5%), Raising Agents (E500(ii), E450(i)), Dextrose, Maltodextrin, Colour (Caramel Powder), Dried Whole EGG Powder, Dried EGG White Powder, Chocolate Flavouring (0.35%), Flavouring.	Allergens: Eggs, Gluten, Wheat. May Contain: Milk, Soya.
Chocolate Muffin	Macphie Reduced Sugar Mississippi Chocolate Muffin Cake Mix 6Kg WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Sugar, Oligofructose, Dried Whole EGG , Vegetable Oil (Rapeseed), Cocoa Powder (4%), Modified Starch, Fat Reduced Cocoa Powder (2%), Chocolate (2%) [Sugar, Cocoa Mass, Fat Reduced Cocoa Powder], Raising Agents (Sodium bicarbonate, Disodium diphosphate, Dicalcium phosphate), Emulsifiers (Mono- and diglycerides of fatty acids, Propane-1,2-diol esters of fatty acids, Sodium stearoyl-2-lactylate), WHEAT Starch, Dried EGG White, WHEAT Gluten, Flavouring, Stabiliser (Xanthan gum). Sysco Classic Extended Life Rapeseed Oil Rapeseed Oil, Antifoaming Agent(Dimethylpolysiloxane).	Allergens: Eggs, Gluten, Wheat. May Contain: Barley, Milk, Rye, Soya.
Cinnamon Swirl	Craigmillar Pizza & Bread Mix with Added Fibre 3.5kg WHEAT FLOUR (WHEAT FLOUR , Calcium carbonate, Iron, Niacin, Thiamine), WHEAT FIBRE , Yeast, Salt, Palm fat, Rapeseed oil, WHEAT GLUTEN, SOY FLOUR , Dextrose, Emulsifier (Mono- and diacetyl tartaric acid esters of mono- and diglycerides of fatty acids, Mono- and diglycerides of fatty acids), Flour treatment agent (Ascorbic acid). Sysco Classic Ground Cinnamon Ground Cinnamon (Cassia) Sunflower Light Spread Water, Vegetable oils (Rapeseed Oil, Palm Oil, Sunflower Oil), Salt, Emulsifiers (Mono- and Di-Glycerides of Fatty Acids, Polyglycerol Polyricinoleate), Preservatives (Potassium Sorbate), Flavouring, Vitamin A, Colour(Beta-Carotene), Vitamin D. Tate & Lyle Light Soft Brown Sugar 3kg Cane Sugar	Allergens: Gluten, Soya, Wheat. May Contain: Eggs, Milk.
Cooked Sliced Turkey Breast (filling only)	Sysco Essentials Cooked Sliced Turkey Breast Turkey Breast (80%), Water, Salt, Dextrose, Potato Starch, Stabilisers (Diphosphates, Triphosphates), Acidity Regulators (Sodium Acetate, Sodium Citrate), Pepper.	
Cosmo Cheese & Tomato Pizzini	Cosmo Brown Cheese & Tomato Pizzini 135g Pizzini Shell: (60%), WHEAT Flour, Additives, Calcium Carbonate, Iron, Niacin, Thiamin, Water, Wholemeal (WHEAT) Flour, Yeast, Salt, Rapeseed Oil, Maize Flour. Pizzini Filling: (40%), Tomato Sauce (23%) [Concentrated Crushed Tomatoes, Additive: Citric Acid, Water, Rapeseed Oil, Salt, Oregano, Garlic], Mozzarella Cheese (MILK) (16%). SOURCE OF FIBRE .	Allergens: Gluten, Milk, Wheat.
Custard Cream	Margarine Vegetable oils in varying proportions (70%) (rapeseed, palm, sunflower), water, salt (1,4%), preservative (potassium sorbate), acid (citric acid) emulsifier (mono- and diglycerides of fatty acid), flavourings, vitamins (A and D). Caster Sugar Cane Sugar Custard Powder Maize Starch, Colour(Annatto Norbixin), Flavouring. Plain Flour 1WHEAT Flour (with Calcium, Iron, Niacin, Thiamin) Icing Sugar Sugar (97%), Maize Starch Vanilla Essence Water, Monopropylene Glycol, Colour (Caramel E150a), Flavourings.	Allergens: Gluten, Wheat.
Egg Muffin	Sysco Classic Free Range Mini Round Omelettes Free Range ; Egg (62%), Milk ,Rapeseed Oil,Salt,Stabiliser(Xanthan Gum),White Pepper. La Boulangerie English Muffins Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Semolina (Wheat), Salt, Soya Flour, Yeast, Sugar, ;Palm Oil, Spirit Vinegar, Emulsifier (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium Propionate), Flour Treatment Agent (Ascorbic Acid).	Allergens: Eggs, Gluten, Milk, Soya, Wheat. May Contain: Sesame Seeds.

Title	Ingredients	Simple Allergens
Hovis Best of Both Medium Sliced Bread	Hovis Best of Both Medium Sliced Water, Wheat Flour (with added Calcium, Iron, Niacin, Thiamin) (31%), Wholemeal Flour (Wheat) (31%), Yeast (Yeast, Vitamin D Yeast), Salt, Calcium Sulphate, Wheat Protein, Soya Flour, Emulsifiers: E472e, E471; Preservative: E282, Flour Treatment Agent: Ascorbic Acid.	Allergens: Gluten, Soya, Wheat.
Jacket Potato	Potato	
La Boulangerie Fully Baked Multiseed Bagels	La Boulangerie Fully Baked Multiseed Bagels Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Linseed (4.5%), Poppy Seed (3%), Sunflower Seeds (3%), Rye Flour, Sugar, Malted Barley Flour, Barley Flakes, Yeast, Wheat Gluten , Rapeseed Oil, Salt, ;Emulsifier (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Flour Treatment Agent (Ascorbic Acid), Maize.	Allergens: Barley, Gluten, Rye, Wheat. May Contain: Sesame Seeds.
Mission 12" Wheatbran Tortilla Wrap	Mission 30cm Bran Tortilla Wrap Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin) (59%), Water, Vegetable Oils (Rapeseed Oil, Palm Oil), WHEAT Bran (2.4%), Raising Agents (E500, E450), Sugar, Acidity Regulator (E296), Stabiliser (E466), Salt.	Allergens: Gluten, Wheat.
Muller Healthy Balance Yoghurt	Müller Healthy Balance mixed Strawberry & Peach Yogurt Smooth Strawberry Yogurt (MILK), Water, Strawberry Puree (5%) , Sugar, Corn Flour, Natural Flavourings, Colouring Food: Beetroot Juice Concentrate;. Culture : Bifidobacterium, BB-12©. Smooth Peach Yogurt (MILK), Water, Peach Puree (5%) , Sugar, Corn Flour, Natural Flavourings, Culture : Bifidobacterium, BB-12©.	Allergens: Milk.
Panini Baguette (Pre Sliced)	La Boulangerie 10" Part Baked Bar Marked Panini Baguettes ; Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Yeast, Extra Virgin Olive Oil, Salt, Flour Treatment Agent(Ascorbic Acid).	Allergens: Gluten, Wheat. May Contain: Sesame Seeds.
Plain Muffin	Macphie Reduced Sugar Mississippi Muffin Cake Mix 6kg WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Sugar, Oligofructose, Vegetable Oil (Rapeseed), Dried Whole EGG , Modified Starch, WHEAT Starch, Raising Agents (Disodium diphosphate, Sodium bicarbonate, Potassium bicarbonate), Emulsifiers (Mono- and diglycerides of fatty acids, Propane-1,2-diol esters of fatty acids, Sodium stearyl-2-lactylate), Stabilisers (Hydroxypropyl methyl cellulose, Xanthan gum), WHEAT Gluten. Rapeseed Oil Rapeseed Oil, Anti-foaming Agent(Dimethylpolysiloxane).	Allergens: Eggs, Gluten, Wheat. May Contain: Milk, Soya.
Poppy Seed Bagel	La Boulangerie Fully Baked Poppy Seed Bagels Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Rye Flour, Sugar, Yeast, Poppy Seed (1%), Rapeseed Oil, Salt, Malted Barley Flour, Emulsifier (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Flour Treatment Agent (Ascorbic Acid), Maize.	Allergens: Barley, Gluten, Rye, Wheat. May Contain: Sesame Seeds.
Quorn Burger in a Bun	Quorn Burgers Mycoprotein (44%), Rehydrated Free Range EGG White, Textured WHEAT Protein, [WHEAT Flour (contains added Calcium, Iron, Niacin & Thiamine), Colour: Caramel. Stabiliser: Sodium Alginate.], Onion, MILK Proteins, Flavouring (contains Potassium Chloride), Rapeseed Oil, Tapioca Starch, Firming Agents: Calcium Chloride, Calcium Acetate. Roasted BARLEY Malt Extract La Boulangerie Sliced Oval Buns Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Maize (4%), Palm Oil, Salt, Soya Flour, Yeast, Emulsifiers (Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium Propionate), Flour Treatment Agents (Ascorbic Acid, L-Cysteine Hydrochloride).	Allergens: Barley, Eggs, Gluten, Milk, Soya, Wheat. May Contain: Oats, Rye, Sesame Seeds.

Title	Ingredients	Simple Allergens
Quorn Patty Roll	Quorn Sausage Patties Mycoprotein (45%), Rehydrated Free Range Egg White, Textured Wheat Protein (Wheat Flour, Stabiliser: Sodium Alginate), Onions, Rapeseed Oil, Milk Proteins, Seasoning [Yeast Extract, Salt, Herbs (Sage, Marjoram), Potassium Chloride, Spices (White & Black Pepper, Nutmeg), Sugar, Onion], Natural Flavourings, Pea Fibre, Tapioca Starch, Roasted Barley Malt Extract. For allergens, including cereals containing gluten, see ingredients in bold . La Boulangerie Sliced Oval Buns Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Maize (4%), Palm Oil, Salt, Soya Flour, Yeast, Emulsifiers (Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium Propionate), Flour Treatment Agents (Ascorbic Acid, L-Cysteine Hydrochloride). Brakes Non-Stick Fry, Cook & Bake Spray Sunflower Oil.	Allergens: Barley, Eggs, Gluten, Milk, Soya, Wheat. May Contain: Oats, Rye, Sesame Seeds.
Quorn Sausage, Bean & Cheese Bake	Quorn Vegan Sausages Water, Mycoprotein (17%), Textured Pea Protein (Pea Protein, Pea Extract), Rusk [WHEAT Flour (Calcium Carbonate, Iron, Niacin, Thiamine), Salt], Seasoning [Natural Flavourings, Yeast Extracts, Maltodextrin, Spices (Pepper, Allspice, Mace, Ginger), Potassium Chloride, Onion Powder, Herb (Oregano), Nutmeg Extract, Mace Extract], WHEAT Gluten, Vegetable Oil (Palm, Rapeseed), Casing (Calcium Alginate), Thickener: Methylcellulose. Stabiliser: Sodium Alginate. Brakes Essentials Puff Pastry Sheets ; Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Margarine(Palm Oil, Water, Rapeseed Oil, Salt), Water, Preservative(Potassium Sorbate). Sysco Classic Reduced Salt & Sugar Baked Beans in Tomato Sauce Haricot Beans (53%), Tomatoes (33%), Water, Sugar, Modified Maize Starch, Glucose-Fructose Syrup, Salt, Onion Powder, Flavouring, Paprika Powder. Sysco Classic Grated Mozzarella & Cheddar Cheese Mix Mozzarella Cheese (69%)(Milk),Cheddar Cheese (29%)(Milk),Anti-caking Agent(Potato Starch). Milk, semi-skimmed, pasteurised, average Milk	Allergens: Gluten, Milk, Wheat.
Quorn Sausages on a Roll	Quorn Sausages Mycoprotein (51%), Rehydrated Free Range EGG White, Textured WHEAT Protein (WHEAT Flour, Stabiliser: Sodium Alginate.), Rusk (WHEAT Flour, Salt, Yeast), Onion, Casing (Stabiliser: Sodium Alginate, Cellulose, Modified Starch.), Rapeseed Oil, Flavouring (contains Colours: Iron & Brown Iron Oxide.), MILK Proteins, Tapioca Starch, Firming Agents: Calcium Chloride, Calcium Acetate. Pea Fibre, Roast BARLEY Malt Extract La Boulangerie Sliced Oval Buns Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Maize (4%), Palm Oil, Salt, Soya Flour, Yeast, Emulsifiers (Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium Propionate), Flour Treatment Agents (Ascorbic Acid, L-Cysteine Hydrochloride). Brakes Non-Stick Fry, Cook & Bake Spray Sunflower Oil.	Allergens: Barley, Eggs, Gluten, Milk, Soya, Wheat. May Contain: Oats, Rye, Sesame Seeds.
Quorn Vegan Dippers	Quorn Vegan Dippers Mycoprotein (55%), Water, WHEAT Flour (Calcium Carbonate, Iron, Niacin, Thiamine), Vegetable Oils (Sunflower, Rapeseed), Pea Fibre, Natural Flavouring, Salt, Potato Protein, Pea Protein, WHEAT Gluten, Maize Flour, Stabiliser: Carrageenan. WHEAT Starch, Raising Agents: Ammonium Carbonate. Diphosphates, Sodium Bicarbonate, Dextrose, Durum WHEAT Semolina, Turmeric Extract	Allergens: Gluten, Wheat.
Shortbread	Icing Sugar Sugar (97%), Maize Starch Margarine Vegetable oils in varying proportions (70%) (rapeseed, palm, sunflower), water, salt (1.4%), preservative (potassium sorbate), acid (citric acid) emulsifier (mono- and diglycerides of fatty acid), flavourings, vitamins (A and D). Plain Flour 1 WHEAT Flour (with Calcium, Iron, Niacin, Thiamin) Sysco Classic Cornflour Maize Starch.	Allergens: Gluten, Wheat.
Stone-baked Cheese & Tomato Pizza	Brakes Stonebaked Thin & Crispy Pizza Bases 9" Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Yeast, Extra Virgin Olive Oil, Salt, Sugar, Deactivated Yeast. Sysco Classic Tomato Paste Tomatoes. Greens Chopped Garlic 250g Garlic (100%) Mixed Herbs Marjoram, Thyme, Parsley, Basil, Savory. Sysco Classic Grated Mozzarella & Cheddar Cheese Mix Mozzarella Cheese (69%)(Milk),Cheddar Cheese (29%)(Milk),Anti-caking Agent(Potato Starch).	Allergens: Gluten, Milk, Wheat. May Contain: Eggs.

Title	Ingredients	Simple Allergens
Stone-baked Cheesy Garlic Pizza	Brakes Stonebaked Thin & Crispy Pizza Bases 9" Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Yeast, Extra Virgin Olive Oil, Salt, Sugar, Deactivated Yeast. Sunflower Light Spread Water, Vegetable oils (Rapeseed Oil, Palm Oil, Sunflower Oil), Salt, Emulsifiers (Mono- and Di-Glycerides of Fatty Acids, Polyglycerol Polyricinoleate), Preservatives (Potassium Sorbate), Flavouring, Vitamin A, Colour(Beta-Carotene), Vitamin D. Greens Chopped Garlic 250g Garlic (100%) Mixed Herbs Marjoram, Thyme, Parsley, Basil, Savory. Sysco Classic Grated Mozzarella & Cheddar Cheese Mix Mozzarella Cheese (69%)(Milk),Cheddar Cheese (29%) (Milk),Anti-caking Agent(Potato Starch).	Allergens: Gluten, Milk, Wheat. May Contain: Eggs.
Stone-baked Garlic Pizza	Brakes Stonebaked Thin & Crispy Pizza Bases 9" Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Yeast, Extra Virgin Olive Oil, Salt, Sugar, Deactivated Yeast. Sunflower Light Spread Water, Vegetable oils (Rapeseed Oil, Palm Oil, Sunflower Oil), Salt, Emulsifiers (Mono- and Di-Glycerides of Fatty Acids, Polyglycerol Polyricinoleate), Preservatives (Potassium Sorbate), Flavouring, Vitamin A, Colour(Beta-Carotene), Vitamin D. Greens Chopped Garlic 250g Garlic (100%) Mixed Herbs Marjoram, Thyme, Parsley, Basil, Savory.	Allergens: Gluten, Wheat. May Contain: Eggs, Milk.
Sweet Chilli Chicken Burger Roll	Green Gourmet British Red Tractor Raw Sweet Chilli Chicken Breast Fillet Portion 85g Chicken (84%), (Chicken, Water, Salt, Potato Starch, Stabiliser (Triphosphates)), Sweet Chilli Glaze (5%) (Sugar, Flavourings, Fructose, Maize Starch, Spices (Paprika, Coriander, Cumin, Black Pepper), Garlic Powder, Dried Red Pepper, Onion Powder, Yeast Extract, Thickner (Xanthan Gum), Coriander Leaf, Paprika Extract). La Boulangerie Sliced Oval Buns Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Maize (4%), Palm Oil, Salt, Soya Flour, Yeast, Emulsifiers (Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium Propionate), Flour Treatment Agents (Ascorbic Acid, L-Cysteine Hydrochloride). Tomatoes, cherry, raw Lettuce, average, raw Onions, raw	Allergens: Gluten, Soya, Wheat. May Contain: Barley, Eggs, Milk, Oats, Rye, Sesame Seeds.
Sweet Chilli Chicken Meatball Wrap	Green Gourmet British Red Tractor Raw Chicken Meatballs Chicken (70%), Water, Gluten Free Crumb (Rice Flour, Gram Flour, Water, Maize Starch, Salt, Dextrose Monohydrate). Seasoning (Potato Starch, Salt, Spices, Onion Powder, Sugar, Yeast Extract, Spice Extracts) Pan Asia Sweet Chilli Dipping Sauce 1L Water, Sugar, Pickled Red Chilli(14%), Garlic(4%), Salt, Modified Starch, Acidity Regulator (Acetic Acid), Preservative (Potassium Sorbate). Mission 30cm Bran Tortilla Wrap Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin) (59%), Water, Vegetable Oils (Rapeseed Oil, Palm Oil), WHEAT Bran (2.4%), Raising Agents (E500, E450), Sugar, Acidity Regulator (E296), Stabiliser (E466), Salt.	Allergens: Gluten, Wheat.
Tomato Ketchup	Brakes Tomato Ketchup Sachets Water, Tomatoes (30%), Thickener (Modified Maize Starch), Sugar, Acidity Regulator (Acetic Acid), Salt, Paprika Extract, Colour (Plain Caramel), Preservative (Potassium Sorbate), Sweetener (Sucralose), Flavouring, Spice(Mace).	
Tuna in Brine (filling only)	Brakes Tuna Chunks In Brine Tuna (Fish), Water, Salt.	Allergens: Fish.
Turkey Bacon & Egg Muffin	Halal Cooked Turkey Bacon Rashers Turkey meat 95%, salt, starch (potato), stabiliser E451, dextrose, preservative E250, antioxidants (E301, rosemary extract), spices (pepper, garlic), smoke. Sysco Classic Free Range Mini Round Omelettes Free Range Egg (62%), Milk ,Rapeseed Oil,Salt,Stabiliser(Xanthan Gum),White Pepper. La Boulangerie English Muffins Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Semolina (Wheat), Salt, Soya Flour, Yeast, Sugar, ;Palm Oil, Spirit Vinegar, Emulsifier (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium Propionate), Flour Treatment Agent (Ascorbic Acid).	Allergens: Eggs, Gluten, Milk, Soya, Wheat. May Contain: Barley, Celery, Mustard, Sesame Seeds.

Title	Ingredients	Simple Allergens
Turkey Bacon & Egg Roll	Halal Cooked Turkey Bacon Rashers Turkey meat 95%, salt, starch (potato), stabiliser E451, dextrose, preservative E250, antioxidants (E301, rosemary extract), spices (pepper, garlic), smoke. Sysco Classic Free Range Mini Round Omelettes Free Range ; Egg (62%), Milk ,Rapeseed Oil,Salt,Stabiliser(Xanthan Gum),White Pepper. La Boulangerie Sliced Oval Buns Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Maize (4%), Palm Oil, Salt, Soya Flour, Yeast, Emulsifiers (Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium Propionate), Flour Treatment Agents (Ascorbic Acid, L-Cysteine Hydrochloride).	Allergens: Eggs, Gluten, Milk, Soya, Wheat. May Contain: Barley, Celery, Mustard, Oats, Rye, Sesame Seeds.
Turkey Bacon Roll	Halal Cooked Turkey Bacon Rashers Turkey meat 95%, salt, starch (potato), stabiliser E451, dextrose, preservative E250, antioxidants (E301, rosemary extract), spices (pepper, garlic), smoke. La Boulangerie Sliced Oval Buns Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Maize (4%), Palm Oil, Salt, Soya Flour, Yeast, Emulsifiers (Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium Propionate), Flour Treatment Agents (Ascorbic Acid, L-Cysteine Hydrochloride).	Allergens: Gluten, Soya, Wheat. May Contain: Barley, Celery, Eggs, Milk, Mustard, Oats, Rye, Sesame Seeds.
Wholemeal Hoagies 7"	Kara 7" Wholemeal Hoagies Wholemeal WHEAT Flour, Water, Kibbled Malted WHEAT (4%), Salt, WHEAT Flour, Fermented WHEAT Flour, Palm Oil, Yeast, Emulsifier (E472e), Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Flour Treatment Agent (E300), Rapeseed Oil.	Allergens: Gluten, Wheat. May Contain: Barley, Eggs, Milk, Oats, Rye, Sesame Seeds, Soya.